

Wise Wellbeing Retreats Cowdray Estate One-Day Retreat October 25th, 2025

TERMS & CONDITIONS

Please read in full. By paying your £25 deposit you consent to agreeing to all terms and conditions as outlined below.

Payment policy

All bookings must be secured with a £25 deposit.

Deposits are non-refundable but may be transferred to an alternative retreat date subject to availability.

Refunds are not given for change of mind.

The balance is due four weeks before your retreat. You will receive a reminder via email prior to this date but you need not wait for this reminder to pay your balance. If the balance is not received by the due date Wise Wellbeing Retreats reserves the right to cancel the reservation and retain the deposit.

Booking taken within four weeks of the requested retreat date will require payment in full.

Cancellations (Guest)

Guests should have their own insurance covering them if they are unable to attend however Wise Wellbeing Retreats will endeavour to treat cancellations sympathetically. Cancellations will be accepted up to four weeks before your One-Day Retreat takes place and your balance payment will be returned provided, and only if, your place is filled with another booking. Your deposit remains non-refundable.

No refunds or discounts will be issued for arriving late, leaving early, travel delays or illness.

Cancellations (Wise Wellbeing Retreats)

In the exceptional circumstance that Wise Wellbeing Retreats deems it unavoidable we reserve the right to cancel the retreat but will refund all monies paid to Wise Wellbeing Retreats within 10 working days unless cancellation is due to circumstances beyond our control (See Liability section).

In the event of a lockdown which prevents the retreat from taking place, or a government advisory in place against travel, we will transfer your booking to a

rescheduled date or comparable One-Day retreat in the future. Wise Wellbeing will not be responsible for travel or other associated costs.

Cowdray Estate reserves the right to cancel bookings if any part of the property is rendered unavailable due to circumstances beyond its control.

Travel Insurance

Please be advised that you must have insurance (travel, cancellation and medical) for your booking with us, from the time of booking.

Insurance should include Covid-19 cover in case you cannot attend due to contracting the virus.

Liability

Wise Wellbeing Retreats does NOT accept liability for: cancellations, delays or changes caused by threat of war, terrorist action or threat, severe weather, pandemic, closure of airports, civil strife, industrial action, natural disaster, technical problems to transport or any other event beyond our control.

Wise Wellbeing Retreats accepts NO liability for participant's medical or psychiatric conditions which may develop during or subsequent to the retreat.

Health & Safety

Guests must inform Wise Wellbeing Retreats of any illness/injury at time of booking and will be asked to complete a Physical Activity Questionnaire prior to the retreat. Should your medical status change it is your responsibility to inform Wise Wellbeing Retreats.

Disclaimer

Wise Wellbeing Retreats does not accept any liability for theft or damage to personal possessions, personal injuries or medical conditions that develop during or after the retreat or any costs, cancellations or charges incurred because of fire, natural disaster, or other events beyond our control. Should you choose to participate in any additional activities such as cycling, hiking or additional treatments outside of the classes and meditations included as part of your retreat you again do so under your own liability.

Advisory note

I understand that participating in a Wise Wellbeing Retreat is entirely at my own risk. I understand and take full responsibility for my own Yoga and Pilates practise.